



Collier Campus – Center For Continuing Education

“DON”T LET CONFLICT MANAGE YOU” (Dealing with Conflicts Constructively)

Conflicts are almost everywhere, when people deal and communicate with each other. Conflicts are part of our life and thus unavoidable. Conflicts often occur in periods of tight resources.

Unresolved conflicts are destructive and a loss of resources. On the other hand conflicts can be an opportunity for further self development, if handled and resolved professionally.

Most people don’t really think about how they approach conflict. It just happens.

This workshop is filled with activities, hands on practice, discussions and dialogue and interactive exercises tying to real life situations.

At the end of the course you will be taking with you these seeds of wisdom:

- **Your behavioral and conflict style.**
- **Learning effective conflict management.**
- **Your communication style**
- **Recognizing differences in styles**
- **Learning how to keep conflicts getting out of hand.**
- **Maintaining two way communication**
- **Getting to know your impellor and learning to deal with it.**

You will explore the results of childish, ineffective conflict styles both in the workplace and in your personal life and really see yourself accurately for the first time.

Instructor: Qudsiya Ahmad



Qudsiya works intuitively with people, meeting them where they are. Her passion and delight is to support someone on their journey and discovery of who they are, what they want to do and where they want to go. She thoroughly enjoys her work and feels it is a great privilege to be part of the process which supports individuals to discover their power and realize their potential. Her style is light, easy gentle, yet very perceptive, intuitive and challenging in a non confrontational way. She listens intently and acts as a reflector and mirror for the person, enabling clients to see and understand and thus make better choices.

This weekend course is completed on the following dates:

February 11, 2012
February 12, 2012

Saturday
Sunday

9am-5pm (one-hour break)
9am-2:30pm

COST: \$300.00

LOCATION: Edison State College – Collier Campus

Register today!

**Advance registration and payment is required
For registration form/information, call 239-732-3128
OR download form at www.edison.edu/collier**

Requests for refund **one week** prior to the first class meeting will be granted. If you have a Higher One card through Edison the refund will be transferred to your Higher One Account. Due to the short-term nature of most Continuing Education programs, refunds will not be granted on or after the first class meeting. By submission of this form you are stating that you accept our refund policy.