



Center for Professional Development



PROFESSIONAL HYPNOTHERAPY CERTIFICATION

Hypnotherapy is a rapidly growing field recognized by the American Medical Association. For the first time, Edison State College is partnering with Jasse Matasse, founder of LifeSuccess Global, to bring you the National Guild of Hypnotist's "Professional Hypnotherapy Certification" right here in Florida! NGH Certification enables you to legally practice hypnosis in any state.

Who is this course for?

- **Those who want to build a career in hypnosis** (part or full-time), and who would like to work with people in their homes, in a private professional practice of their own, or within an established holistic or medical group.
- **Individuals in the helping professions** such as medicine, counseling, psychology, massage or coaching who want to add hypnosis as one of their therapeutic tools or interventions.
- **Professions that require** continuing education CEUs.
- **Coaches and professionals working with athletes** Hypnosis has been used in sports for hundreds of years. Most Olympic athletes use some form of hypnosis. Athlete Iwan Thomas and golfers Ian Woosnam and Tiger Woods use hypnosis.
- **Everyone interested in learning Hypnosis and Self-Hypnosis** for self-improvement and programs for private or corporate clients.
- **Education Requirements** - High school diploma or GED.

National Guild of Hypnotists Hypnotherapy Certification Course Outline

It is the objective to train the student on the use of classic and modern hypnosis techniques, including hypnotic inductions, deepening techniques, depth testing procedures, delivering hypnotic suggestions, educating the student in safety and ethical considerations of working with clients using hypnosis. This class addresses the working model of the mind, including unconscious, subconscious, conscious and critical factors and group hypnosis and the practice of Self-Hypnosis. The class specifically includes the following topics:

- **Preliminary Suggestibility Testing**
- **Recognition and Classification of Subjects**
- **Favorable and Unfavorable Influences and Dangers of Hypnosis**
- **Establishing And Testing Trance Depth**
- **Suggestion Management and Techniques**
- **Mechanical Aids**
- **Deepening Techniques · Anesthesia Management**

- Using Hypnosis Scripts and Outlines
- Introduction and Practice of 7th Path Self-Hypnosis
- Integration of Self-Hypnosis Into Hypnotherapy
- Hypnotic Applications For Changing Habits Including Smoking, Weight and other Addictions, Phobias, Regression and other Advanced Techniques
- Hypnotic Suggestion In Hypnotherapy
- Hypnotic Age Regression As A Powerful Hypnotherapy
- Hypnotic Therapeutic Application
- Hypnotic Therapies for Internal Conflict
- Demonstration and Practice
- Introduction to basic NLP (Neuro Linguistic Programming) techniques
- Past Life Regression If Requested by Class Members
- Setting Up Your Practice and Organization Including Referrals, Shortcuts to Success

NGH Exam The NGH exam is on the last day of class. This last day is reserved for answering questions, added practice, review and going through materials related to membership and certification in the National Guild of Hypnotists. Students may attend any future classes for review at no charge.

Upon Course completion the Instructor and NGH provide ongoing support by phone and e-mail.

Total hours for this course are 100. Classes consist of interactive lectures and supervised practical work, which makes up 70 hours of the course. Assignments (practice and preparation) outside class make up 30 hours of the training. Home assignments are reviewed during class.

Dates Offered:

DAY CLASS

Dates: Monday - Saturday , March 9th – 14th

Time: 9 AM - 3 PM with additional 40 hours of Home Study

EVENING CLASS

Dates: Tuesdays and Wednesdays, April 20th – July 8th

Time: 6 PM - 9 PM with additional 40 hours of Home Study

Location: Edison College, Fort Myers Campus, Room to be announced

Cost: \$1,400 All course materials included, (Textbooks, manuals, Scripts, Sample Columns, Brochures, and Ads, CDs, DVDs, One year membership in NGH and full benefits. See National Guild at: www.ngh.ngh.net and Jasse Matasse at www.bonitahypnosis.com

Instructor: Jasse Matasse

Seats are limited, so register today!
Advance registration and payment is required
For registration form and information, call 239-489-9235
OR email: celee@edison.edu